

Baby tylenol - Baby ibuprofen

You can give your baby acetaminophen (generic Tylenol) and ibuprofen (generic Motrin),
one alternating with the other every three hours, by the clock,
while your baby's awake, for pain or high fever.

Example: 6 am, tylenol; 9 am, ibuprofen; 12 noon, tylenol; 3 pm, ibuprofen, 6 pm, tylenol, etc.

These meds are dosed by milligrams-per-kilograms of body weight, per dose (mg/kg/dose).

Your baby's weight:

$$\underline{\hspace{2cm}} \text{ lbs} / 2.2 = \underline{\hspace{2cm}} \text{ kg} \quad [1 \text{ kg} = 2.2 \text{ lbs}]$$

Acetaminophen (generic Tylenol)

Under 2, **max dosage** 60 mg/kg/day (Don't exceed 3500 mg/day) Max = $\underline{\hspace{2cm}}$ kg x 60 = $\underline{\hspace{2cm}}$ mg/day

① Choose one:

Lower dose (fever <102.5 or moderate pain, e.g. teething), 10 mg/kg/dose, every 6 hours:

$$\underline{\hspace{2cm}} \text{ kg} \times 10 = \underline{\hspace{2cm}} \text{ mg/dose} \quad (\text{use to calculate mL/dose below})$$

Higher dose, (fever 102.5+ or severe pain, e.g. ear infection), 15 mg/kg/dose, every 6 hours:

$$\underline{\hspace{2cm}} \text{ kg} \times 15 = \underline{\hspace{2cm}} \text{ mg/dose} \quad (\text{use to calculate mL/dose below})$$

② Read the label. How strong is the product? **mL/dose** to give your baby, according to strength on the label:

160 mg/5 mL on the label: ($\underline{\hspace{2cm}}$ mg/dose / 32) = $\underline{\hspace{2cm}}$ mL/dose, every 6 hours [1 mL=32 mg]

500 mg/5 mL on the label: ($\underline{\hspace{2cm}}$ mg/dose / 100) = $\underline{\hspace{2cm}}$ mL/dose, every 6 hours [1 mL=100 mg]

80 mg/0.8 mL on the label: ($\underline{\hspace{2cm}}$ mg/dose / 100) = $\underline{\hspace{2cm}}$ mL/dose, every 6 hours [1 mL=100 mg]

Ibuprofen (generic Motrin)

Under 2, **max dosage** 40mg/kg/day (Do not exceed 2000 mg/day) Max = $\underline{\hspace{2cm}}$ kg x 40 = $\underline{\hspace{2cm}}$ mg/day

① Choose one:

For temp < 102.5, 5 mg/kg/dose, every 6 hours:

$$\underline{\hspace{2cm}} \text{ kg} \times 5 = \underline{\hspace{2cm}} \text{ mg/dose} \quad (\text{use to calculate mL/dose below})$$

For pain relief, 7.5 mg/kg/dose, every 6 hours:

$$\underline{\hspace{2cm}} \text{ kg} \times 7.5 = \underline{\hspace{2cm}} \text{ mg/dose} \quad (\text{use to calculate mL/dose below})$$

For temperature 102.5+, 10 mg/kg/dose, every 6 hours:

$$\underline{\hspace{2cm}} \text{ kg} \times 10 = \underline{\hspace{2cm}} \text{ mg/dose} \quad (\text{use to calculate mL/dose below})$$

② Read the label. How strong is the product? **mL/dose** to give your baby, according to strength on the label:

100 mg/5 mL on the label: ($\underline{\hspace{2cm}}$ mg/dose / 20) = $\underline{\hspace{2cm}}$ mL/dose, every 6 hours [1 mL = 20 mg]

50 mg/1.25 mL on the label: ($\underline{\hspace{2cm}}$ mg/dose / 40) = $\underline{\hspace{2cm}}$ mL/dose, every 6 hours [1 mL = 40 mg]