

# HOW TO TALK TO A DOCTOR

Sometimes it's hard to have a good conversation with a doctor, especially on a busy day.

**When your doctor talks too fast, or uses words you don't understand, you'll need to make him/her STOP and LISTEN.**



Try saying some of these:

*"Can you please repeat that?"*

*"Can you explain this in other words please?"*

*"I don't understand - I need you to back up and slow down."*

*"Can you summarize what you just said?"*

*"I need more details, so I can visualize what you're saying."*

*"Can you write all this down for me?"*

*"Can you draw me a diagram?"*



**IF YOU DON'T ASK, your doctor will assume you understand completely!**

If you think of more questions later, call and leave a message for your doctor, asking for more information.

**YOUR DOCTOR WILL APPRECIATE YOUR PATIENCE AND YOUR HELP!**